



Curriculum Overview

Department:	PSHE
-------------	------

Year Group		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 7 Topic		Personal Wellbeing and Mental Health	Relationships and Social Education	Relationships and Sex Education	Physical Health and Wellbeing		Careers
Knowledge	Developing	<ul style="list-style-type: none"> Develop knowledge of different identities and gender Develop knowledge of how your personality is formed 	<ul style="list-style-type: none"> Develop knowledge of different types of family Develop knowledge of the School Parliament Develop knowledge of what a good friend is 	<ul style="list-style-type: none"> Develop knowledge of the different types of bullying Develop knowledge of how to keep safe on line, cyberbullying and protecting identity online Develop knowledge of puberty and sex and the law and safe sex. 	<ul style="list-style-type: none"> Develop knowledge of common worries and anxieties Develop knowledge of the effects of smoking 		<ul style="list-style-type: none"> Developing knowledge of what is the difference between skills and qualities Develop knowledge of how to research different careers. Develop the confidence to partake in an Employer interview.
	Core	<ul style="list-style-type: none"> Knowledge of different identities and gender Knowledge of personal characteristics 	<ul style="list-style-type: none"> Knowledge of different family types Knowledge of the importance of the School Parliament Knowledge of what a good friend is. 	<ul style="list-style-type: none"> Knowledge of the different types of bullying and be able to distinguish between banter and bullying. Knowledge of the importance of personal safety, cyberbullying, and protecting identity on line. Knowledge of how the body changes during puberty and how important it is to have self- respect. 	<ul style="list-style-type: none"> Knowledge of worries and anxieties Knowledge of the effects of smoking and why people start smoking 		<ul style="list-style-type: none"> Knowledge of what their skills and qualities are Knowledge of the techniques of good careers research. Apply knowledge of how to ask appropriate questions to an Employer.
	Advanced	<ul style="list-style-type: none"> Awareness of factors that shape our identities and gender Knowledge of how personalities are formed and how it affects your behaviour. 	<ul style="list-style-type: none"> Awareness of the different family types and the importance of communication with family members. <p>Knowledge of the school parliament, local area and on a national level. Knowledge of how a good friend should behave.</p>	<ul style="list-style-type: none"> Knowledge of what it feels like to be bullied and the different types of bullying. Using the knowledge highlight the problems with pornography, cyberbullying and protecting identity on line. To be aware of the myths around sex and have knowledge around the different forms of contraception and have sound knowledge around sex and the law 	<ul style="list-style-type: none"> Awareness of anxieties and worries and how to deal with them. Knowledge of the consequences of smoking and drug taking. 		<ul style="list-style-type: none"> Knowledge of what skills and qualities they possess and able to match to different careers. Knowledge of careers research and widen careers knowledge. Knowledge of how to ask more in depth questions to an Employer.



Curriculum Overview

Understanding	Developing	<ul style="list-style-type: none"> • Able to understand the different types of identities. • Understand the different personalities. 	<ul style="list-style-type: none"> • Understand the role of the family. • Develop understanding how the school parliament works 	<ul style="list-style-type: none"> • Develop an understanding of the ways to keep oneself safe. 	<ul style="list-style-type: none"> • Develop understanding of the reasons why students may worry • Develop understanding of the risks of smoking. 	<ul style="list-style-type: none"> • To understand that different careers require different skills and qualities. • To understand different job roles and qualifications needed.
	Core	<ul style="list-style-type: none"> • Understand and have respect for one`s identity. • Understand that everyone is an individual and has a right and a voice. 	<ul style="list-style-type: none"> • Understand the importance of the family. • Understand the importance of the school parliament 	<ul style="list-style-type: none"> • Understand why it is important to keep oneself safe. 	<ul style="list-style-type: none"> • Understand the reasons why students worry and how to overcome these problems • Understand the differences between smoking and vaping. 	<ul style="list-style-type: none"> • Understand the importance of developing skills and qualities to increase career choice. • Understand different career pathways into a job.
	Advanced	<ul style="list-style-type: none"> • Understand and empathise with identity and why people are like the way they are. • Understand that there are external factors that may affect one`s personality and that people change over time. 	<ul style="list-style-type: none"> • Understand the power of communication in the family. • Understand how your voice could be heard within the school parliament. 	<ul style="list-style-type: none"> • Understand how to help others to keep safe and develop an awareness of how others may fall into trouble. 	<ul style="list-style-type: none"> • Understand that students deal differently to problems. • Understand the consequence of smoking and the potential risks. 	<ul style="list-style-type: none"> • Understand the importance of transferrable skills. • Understand that a student needs to be aware of the local job market and that job roles are constantly changing.
Skill	Developing	To contribute in discussions and respect other group members identities.	To be able to put forward some ideas for the school parliament.	To be able to contribute in a mature manner and show respect for others.	To be able to contribute to class discussions and listen carefully.	To be able to develop careers research skills. To listen carefully to outside speakers.
	Core	To listen to the opinions of others and be able to reflect on these.	To listen to the ideas of others and try and action these.	To listen to the opinions of others and be able to reflect on these.	To listen to the opinions of others and be able to reflect on these.	To match skills and qualities to oneself. To be able to reflect on other`s experiences and widen career knowledge.
	Advanced	To show empathy to other student`s viewpoints and appreciate the wide range of backgrounds and experiences others have.	To make good judgements of what students can change and improve within school.	To show empathy to other student`s viewpoints and appreciate the wide range of backgrounds and experiences others have.	To pose solutions to the problems and how students could avoid the temptation of drug taking.	To recognise one`s strengths and weaknesses in relation to appropriate careers. To be able to promote oneself and be enterprising.



Curriculum Overview

Year Group		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 8 Topic		Relationships and Sex Education	Relationships and Sex Education	Careers	Physical Health and Wellbeing	Personal Wellbeing and Mental Health	Social Education
Knowledge	Developing	<ul style="list-style-type: none"> Develop knowledge of teenage and Parents/Carers rights, responsibilities and privileges. Develop knowledge of how to distinguish between friendship, love, healthy and unhealthy relationships. 	<ul style="list-style-type: none"> Develop knowledge of consent. Develop knowledge of how to protect yourself in a relationship. 	<ul style="list-style-type: none"> Build on knowledge of personal qualities and skills. Learn about the Career pathways of External Employers through the MVIS project. Using JED, the Careers data base, start building a personal Careers profile. 	<ul style="list-style-type: none"> Learn about the dangers of taking recreational drugs. To develop knowledge of how to keep one's self safe from drug use. Develop knowledge of tattoos and body piercing. 	<ul style="list-style-type: none"> Learn about the different types of stress. 	<ul style="list-style-type: none"> Learn about Democracy and Voting. Develop knowledge of human rights.
	Core	<ul style="list-style-type: none"> Knowledge of teenage rights, responsibilities and privileges and the role of the Parent or Carer. Knowledge of different types of relationships and to be able to recognise the differences. 	<ul style="list-style-type: none"> Knowledge of Consent and the ways to give consent verbal and non verbal. Knowledge of ways to keep yourself safe and healthy in a relationship. 	<ul style="list-style-type: none"> Knowledge of personal skills and qualities. Investigated the work of External Employers from MVIS. Compilation of personal Careers profile thinking of qualifications needed for certain careers. 	<ul style="list-style-type: none"> Investigate the dangers and consequences of taking drugs. Knowledge of how to keep safe. Knowledge to have the ability to explore why people have tattoos and piercings. 	<ul style="list-style-type: none"> Investigate the signs of stress. 	<ul style="list-style-type: none"> Investigate Democracy : direct and indirect. Knowledge of human rights and identify the most common human rights.
	Advanced	<ul style="list-style-type: none"> Develop an awareness of the conflicts that may occur between teenagers and parents/carers. Knowledge of how to explore relationship types and to assess how to solve relationship problems. 	<ul style="list-style-type: none"> Analyse relationships and identify strategies to deal with if in a relationship if it's not running smoothly. Awareness of not being pressurised into a relationship and where to access help, from external agencies. 	<ul style="list-style-type: none"> Develop an Awareness of personal qualities and skills and how these can be transferable. Awareness of the different jpb roles within MVIS and the different training routes in to the company. Knowledge of more aspirational careers. 	<ul style="list-style-type: none"> Develop an awareness of the long term consequences of taking drugs. Awareness of different strategies to use to keep safe from drugs. Knowledge of consequences of having body piercings and tattoos. 	<ul style="list-style-type: none"> Develop an awareness of strategies on how to deal with stress. 	<ul style="list-style-type: none"> Develop an awareness of how democracy operates in a school setting. Knowledge of human rights in this Country and compare to other Countries.



Curriculum Overview

Understanding	Developing	<ul style="list-style-type: none"> To develop an understanding of the different roles Parents /Carers have to teenagers. Develop an understanding of what constitutes a healthy and unhealthy relationship. 	<ul style="list-style-type: none"> Develop an understanding of consent and the importance of it. Develop an understanding of how you can keep yourself safe in a relationship. 	<ul style="list-style-type: none"> Develop an understanding of the personal qualities and skills and understand how they relate to specific careers. Learn the importance of understanding different job roles Develop an understanding of why it is important to start thinking about careers. 	<ul style="list-style-type: none"> Develop an understanding of the dangers of drug taking. Learn how to keep oneself safe from being influenced to take drugs. Develop an understanding of why people have piercings and tatoos. 	<ul style="list-style-type: none"> Develop an understanding of stress. 	<ul style="list-style-type: none"> Develop an understanding of the voting system Develop an understanding of the importance of human rights.
	Core	<ul style="list-style-type: none"> Understand the complex relationships between teenagers and Parents/Carers. Understand how important it is to be in a healthy relationship and know how to recognise the signs of an unhealthy one. 	<ul style="list-style-type: none"> Understand when it`s appropriate to use the different ways to give consent. Understand how to keep yourself safe. 	<ul style="list-style-type: none"> Understand that different careers demand certain qualities and skills. Understand how these personally relate to oneself. Understand how each industry has different job roles and have an understanding of transferrable skills. Understand how to plan a careers action plan. 	<ul style="list-style-type: none"> Understand the dangers of drug taking. Understand how to avoid being coerced into drug use. Understand the consequence of having tattoos and piercing. 	<ul style="list-style-type: none"> Understand the different forms of stress. 	<ul style="list-style-type: none"> Understand the importance of the right to vote. Understand the importance behind human rights.
	Advanced	<ul style="list-style-type: none"> Understand the role of Parents/ carers and how to diffuse possible confrontations. Understand how to deal with rejection and how to access help. 	<ul style="list-style-type: none"> Understand that you are the one who is in control and that it is ok to change your mind. Understand how to keep yourself safe and recognise unhealthy relationships between others. 	<ul style="list-style-type: none"> Understand the personal qualities and skills required by careers and how you can develop these to match the career requirements. Understand the career pathways into the various job roles. Understand how to develop transferrable skills to become more employable in the future. 	<ul style="list-style-type: none"> Understand the consequences of drug taking. Understand how to keep oneself safe and others from drug use. Understand how it may affect how others perceive you if you have tattoos and piercings. 	<ul style="list-style-type: none"> Understand the reasons why stress is a problem and how one can combat it. 	<ul style="list-style-type: none"> Understand that everyone has an opinion. Understand how the rights of humans differ in different countries.
Skill	Developing	To contribute in group discussions and listen to the advice given by others	To contribute in group discussions and listen to the advice given by others.	Identify personal qualities and skills. To develop	To be able to contribute in a mature manner and show respect for others.	Develop strategies to combat stress.	To be able to put forward some ideas and opinions.



Curriculum Overview

				research skills in career planning.			
	Core	To contribute during class and to be prepared to voice one`s opinions.	To contribute during class and to be prepared to voice one`s opinions.	Produce a career action plan and recognise the importance of developing personal qualities and skills.	To listen to the opinions of others and be able to reflect on these.	Explore ways to reduce stress.	To listen to the opinions of others and be able to reflect on these.
	Advanced	To be able to take on board the opinions of others and show empathy to other student`s experiences.	To be able to take on board the opinions of others and show empathy to other student`s experiences.	To research in detail careers and produce a career action plan which is aspirational.	To show empathy to other student`s viewpoints and appreciate the wide range of backgrounds and experiences others have.	Identify ways of dealing with stress and how to help others.	To make good judgements of the importance behind human rights and appreciate why they differ in different cultures.



Curriculum Overview

Year Group		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 9 Topic		Personal Wellbeing and Mental Health Relationships	Relationships and Sex Education	Careers	Physical Health and Wellbeing Relationships and Sex Education	Social Education	Personal Health and Wellbeing
Knowledge	Developing	<ul style="list-style-type: none"> Develop knowledge on how to build confidence in certain situations Develop knowledge and identify challenges teenagers face. Develop knowledge on Gender. 	<ul style="list-style-type: none"> Outline knowledge of a few key milestones in women`s rights. Identify some examples of sexual harassment and violence against women Know the meaning of LGBT+ To develop safety in social settings and with social media. 	<ul style="list-style-type: none"> Develop knowledge of the GCSE option process. Learn about different pathways into careers. Develop a personal statement. 	<ul style="list-style-type: none"> Learn about the dangers of cocaine and heroin Develop knowledge of the school drug policy. Learn about pregnancy and the choices of becoming pregnant 	<ul style="list-style-type: none"> Learn about common crimes Learn about the dangers of knife crime. 	<ul style="list-style-type: none"> To learn about what wellbeing means To develop knowledge on mindfulness and ways to seek help if suffering from a mental illness.
	Core	<ul style="list-style-type: none"> Build on knowledge of how to develop confidence. Knowledge of and the ability to explore the challenges teenagers face. Knowledge of Gender. 	<ul style="list-style-type: none"> Learn about some key milestones in women`s rights. Know about characteristics of different forms of violence against women Know the meaning of LGBT+ Knowledge of how social media can be damaging and how to keep oneself safe. 	<ul style="list-style-type: none"> Knowledge of the option process and how to make suitable choices. Knowledge of the different pathways and the suitability of these. Detailed personal statement 	<ul style="list-style-type: none"> Knowledge of the differences between heroin and cocaine Knowledge of why it is important to have a school`s drug policy. Knowledge of pregnancy and the consequences. 	<ul style="list-style-type: none"> Knowledge of what sort of sentences should apply to different crimes. Knowledge of knife crime and the Law. 	<ul style="list-style-type: none"> To relate the knowledge of wellbeing to themselves. To know how to practise mindfulness and ways to ask for help if needed.
	Advanced	<ul style="list-style-type: none"> Using knowledge identify certain situations where they need to be more confident. Awareness of how to build resilience when faced with challenges. Knowledge of Gender Identities. 	<ul style="list-style-type: none"> Detailed knowledge of a range of milestones in women`s rights in the UK and their significance. Detailed knowledge of challenges that remain. Detailes knowledge of a range of key milestones in LGBT+ rights. Knowledge of the importance of protecting your online reputation. 	<ul style="list-style-type: none"> Knowledge of the option choices with clear thinking post 16. Critically think about the different pathways post 16. Personal statement showing thought and research. 	<ul style="list-style-type: none"> Consequences short and long term with heroin and cocaine. Knowledge to ascertain if there is a need for a drugs policy and should drugs be decriminalised in the UK. Critically examine the consequences of teenage pregnancy and analyse the short and long term consequences. 	<ul style="list-style-type: none"> Knowledge of "Youth Caution" Knowledge of the consequences of knife crime and the wider impact. 	<ul style="list-style-type: none"> To know ways to enhance wellbeing. To know that mental problems present themselves in different ways and there are many support agencies available for help.



Curriculum Overview

Understanding		<ul style="list-style-type: none"> Learn and understand how to build up confidence. Develop understanding of how to overcome challenges. 	<ul style="list-style-type: none"> Able to understand that some things have helped to improve sex equality but there is still inequalities in some areas. Understand some different forms of sexism including examples of sexual harassment. Understand the nature of LGBT+ bullying. Understand simple steps on how to keep yourself safe in social situations. 	<ul style="list-style-type: none"> Understand the importance of choosing subjects. Understand there are lots of different pathways post 16 Understand the importance of reflecting on school experiences. 	<ul style="list-style-type: none"> Understand the dangers of the drugs. Understand how drugs use could impact on their education. Understand how pregnancy occurs and the options available. 	<ul style="list-style-type: none"> To understand why young people commit common crimes. Understand the dangers of carrying a weapon. 	<ul style="list-style-type: none"> To understand the importance of wellbeing. To understand why you experience different moods.
	Core	<ul style="list-style-type: none"> Understand why confidence is important. Understand strategies on how to build up confidence. 	<ul style="list-style-type: none"> Understand the extent of sex equality in the UK today. Understand the nature of sexism Understand how and why LGBT+rights have developed and challenges remain. Understand the different ways to keep you safe online. 	<ul style="list-style-type: none"> Understand how to gather information about the option process. Understand the different pathways and personal suitability. 	<ul style="list-style-type: none"> Understand the addiction of the drugs. Understand the importance of educating students on the dangers of drug use. Understand the choices on becoming pregnant, and the consequences positively and negatively. 	<ul style="list-style-type: none"> To understand what sort of sentences apply to different crimes. Understand the debate why there should be zero tolerance for knives and knife crime. 	<ul style="list-style-type: none"> To understand that wellbeing refers to physical and mental. To understand the different mood changes and are able to analyse the reasons why.
	Advanced	<ul style="list-style-type: none"> Understand how to build up confidence in difficult situations. Understand how to support others in understanding the reasons for their lack of confidence. 	<ul style="list-style-type: none"> Able to make strong, well informed evaluations of key milestones in the development of women`s rights. Understand in detail the extent of sex equality in the UK Understand strongly of how and why LGBT+ rights have developed and the range of challenges that remain. Understand the consequences of not keeping yourself safe online and in social settings. 	<ul style="list-style-type: none"> Understand why it is important to think maturely about the option process and to make well informed decisions. Understand which pathway will be best for the learner, and to know that these may change due to LMI. 	<ul style="list-style-type: none"> Understand the reasons why people take the drugs despite knowing how harmful they are. Understand the reasons why some countries do not enforce strict drug laws. Understand that each individual will have different opinions and have the ability to reason these viewpoints. 	<ul style="list-style-type: none"> To think about the age of criminal responsibility should be for different crimes. Understand the reasons why knife crime has been on the increase. 	<ul style="list-style-type: none"> To understand the connection between physical activity and wellbeing and diet and wellbeing. To be able to understand and put into place strategies for maintaining a positive mental state.



Curriculum Overview

Skill		To contribute in group discussions and listen to the advice given by others	To contribute and respect other group member`s opinions.	To listen carefully to external providers giving information on option choices. To develop career research skills.	To contribute and respect other group member`s opinions.	To be able to put forward some ideas and opinions.	To contribute and respect other group member`s opinions.
	Core	To contribute during class and to be prepared to voice one`s opinions.	To listen effectively in order to appreciate the opinions of others. To have the ability to weigh up arguments.	To personalise the information given from Employers. To use research skills to inform choices.	To listen effectively in order to appreciate the opinions of others. To have the ability to weigh up arguments.	To listen to the opinions of others and be able to reflect on these.	To contribute and respect other group member`s opinions.
	Advanced	To show empathy to other student`s viewpoints and appreciate the wide range of backgrounds and experiences others have.	To show empathy to other student`s viewpoints and appreciate the wide range of backgrounds and experiences others have. Be able to evaluate a wide variety of arguments and challenge arguments assertively.	To critically think about the information given on option choices. To research in detail career pathways.	To show empathy to other student`s viewpoints and appreciate the wide range of backgrounds and experiences others have. Be able to evaluate a wide variety of arguments and challenge arguments assertively.	To analyse and evaluate viewpoints both from peers and the media and form sound judgements.	To show empathy to other students in the class and to be able to show support.