## Curriculum Overview

Department: Dance

Highfields School

Year 7		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6			
Knowledge & Understanding	Developing	<ul> <li>Begin to understand the basics of structuring a dance</li> <li>Understand basic safety issues in dance, i.e. warming up and cooling down, health and safety.</li> <li>Understand and gain knowledge of a range of dance styles; contemporary, social dance and parkour inspired dance.</li> </ul>								
	Core	<ul> <li>Gain a basic understanding of contemporary dance technique.</li> <li>Understand and gain good knowledge of a range of dance styles; contemporary, social dance and parkour inspired dance.</li> <li>Learn a range of dance actions and movements to create group choreography.</li> <li>Learn some key dance vocabulary - RADS: Relationships / actions / dynamics / space (see glossary)</li> </ul>								
	Advanced	<ul> <li>Understand and gain knowledge of a range of dance styles; contemporary, social dance and parkour inspired dance.</li> <li>Learn a range of dance actions and movements to create group choreography responding to a range of stimuli; image, text etc.</li> <li>Learn key dance vocabulary in order to analyse a dance - RADS: Relationships / actions / dynamics / space (see glossary)</li> <li>Understand how to work from a range of stimuli</li> <li>Gain a good understanding of contemporary dance technique.</li> <li>Extend learning through use of the challenge box tasks</li> </ul>								
Skill	Developing Core	<ul> <li>To attempt to use some performance skills, perhaps focus is a struggle</li> <li>Create more complex choreography using a bigger range of choreographic devices</li> <li>Perform showing a range of performance skills: focus, projection</li> <li>Create more complex choreography showing a larger movement vocabulary</li> <li>Take the lead on choreography tasks showing initiative in organising a group choreography</li> </ul>								
	Advanced	<ul> <li>Begin to develop performance skills; confidence</li> <li>Understand simple choreographic devices</li> <li>Improve communication skills, teamwork and how to give high quality feedback to peers.</li> </ul>								



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## Curriculum Overview

Year 8		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6				
Knowledge & Understanding	Developing	<ul> <li>Build on knowledge and understanding developed in Y7</li> <li>Learn about new styles; Bollywood, Street and recall some key movements and facts.</li> </ul>									
	Core	<ul> <li>Develop dance movement vocabularies further by learning about new styles; Bollywood, Street.</li> <li>Extend dance vocabularies in order to analyse dance work with more subject specific words</li> <li>Understand the relationship between music and dance.</li> <li>Understand some structures in dance and apply to motif/routine</li> <li>Understand how to link dance and drama by developing physical theatre performance work</li> </ul>									
	Advanced	<ul> <li>More detailed understanding of the relationships between music and dance to include: timing, musicality</li> <li>Key motif/phrases/facts are applied to the relevant dance style effectively and confidently</li> </ul>									
Skill	Developing	•									
	Core	Build on performance skills beginning to show expression, projection and focus when performing									
	Advanced	<ul> <li>More complex phrasing, mus</li> </ul>		lerstanding of performa	nce skills which are sus	tained: expression, pro	jection, focus,				

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