

Highfields Hustle



Revise BETTER → Achieve MORE

Revision Technique

Learning Power ★★★★★

What people say...



Rereading



If this is all you do it is pretty useless - you must do something with it



Highlighting text



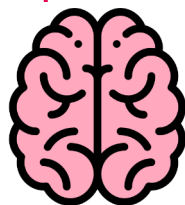
Better than rereading but still pretty limited...most useful when you are studying the text for the first time



Revising with mates



This depends how you do it...but time is usually used more efficiently if you are on your own



Spaced retrieval-testing yourself on things when your brain has had a chance to forget them



This hurts your brain because you are right on the edge of forgetting things when you test yourself again. But it works!!!



Self-quizzing-testing yourself on key facts (sometimes called retrieval practice)



This works. It makes you think hard but once you reach for the answers once, you can usually reach for them again



'Big frog'-carefully prioritising your weakest areas for revision



It's so tempting to revise stuff you already know: it's easier but it's also a waste of time. You have to do the stuff you find difficult



Past questions (The Highfields Hustle)



This is the best way that you will be ready to retrieve information under exam conditions